



SPECIAL NEEDS IN MY CITY

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MODESTO, CA

SATURDAY, November 8, 2025

9:45 AM- 3:15 PM

Live Streaming

**7th Annual
Health and Wellness Conference
For Parents, Caregivers and Educators
Supporting Children and Adults with Developmental Disabilities**

TENTATIVE AGENDA

MORNING SESSION:

- 9:00-9:45 AM:** Registration & Networking over Healthy Breakfast
- 9:45-10:00AM:** **Opening Ceremony Speaker: TBA**
- 10:00-10:40 AM:** **Speaker 1: TBA**
- 10:45 -11:15 AM:** Speaker 2: Matt Devins, Ed.D.
SELPA Director of Merced County SELPA
- 11:15 -11:30 AM:** Networking & Vendor Booths
- 11:30 AM-12:00 PM:** DAD'S PANEL (addressing the use of Artificial Intelligence (AI), parenting, advocacy & managing stress)
- 12:05-1:00 PM:** HEALTHY LUNCH BUFFET

AFTERNOON SESSION:

- 1:00-1:30PM:** MOM's Panel (addressing the use of Artificial Intelligence (AI), parenting, advocacy & managing stress)
- 1:35-2:05 PM:** Speaker 3: Dr. Aisha Chaudhry, MD, Kaiser Permanente
Topic: "Lifestyle Medicine: From Diet to Sleep: Six Habits That Heal"
- 2:10-2:35 PM:** Exercise Session with Pound Team Company
- 2:35-3:05 PM:** **Speaker 4: TBD**
- 3:05-3:15 PM:** Closing Ceremony

Special Needs In My City

Helping Families with Special Needs, A 501C(3) NON-PROFIT ORGANIZATION

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