



SPECIAL NEEDS IN MYCITY

**INVITES:
PARENTS, CAREGIVERS & EDUCATORS
SUPPORTING INDIVIDUALS
WITH DEVELOPMENTAL DISABILITIES**

7TH ANNUAL HEALTH AND WELLNESS CONFERENCE

Learn, Network and Relax

SATURDAY, NOVEMBER 8, 2025

9:00 AM - 3:15 PM

DOUBLETREE HOTEL-HILTON

1150 9TH ST, MODESTO, CA 95354

Why You Should Attend:

- Understand Lifestyle Medicine: From Diet to Sleep: Six Habits That Heal.
- Gain insight into strengthening personal relationships within marriage, couples and family systems.
- Learn effective strategies for identifying and managing behaviors in children.
- Hear from a panel of parents on use of AI tools, parenting, managing stress and advocacy.
- Managing Stress, Anxiety and Depression
- Connect with local resources through vendor booths and More...

In-person Registration

Opens:

September 16, 2025

www.snimc.org

Limited Seating

For more information,

Contact: Claudia

claudiav@snimc.org

TICKET INCLUDES

**BREAKFAST AND
LUNCH BUFFET**



Family Resource Network



Special Olympics
Northern California
Stanislaus County



**Society for
disABILITIES**



Special Needs In My City

Helping Families with Developmental Disabilities

A 501C(3) NON-PROFIT ORGANIZATION

Email: hwc@specialneedsinmycity.org

Website: www.specialneedsinmycity.org

Modesto, CA TAX ID: 82-3450395